








Ma Petite Planete School – List of challenges from 11 to 14 years old

N°	Max challenges	Challenges	Suggested proof	Points	In class/ At home
FOOD					
1	x3	Adapt the quantities in your plate to your hunger to limit food waste.	#photo	2	 
2	x1	Bake a cake or biscuit without chocolate (put it in a reusable container if necessary).	#photo	3	
3	x1	Learn about the problems associated with fast food and propose local alternatives.	#text	3	 
4	x4	Cook a 100% balanced and vegetarian recipe (starter, main-course or dessert).	#photo #parents	3	
CLIMATE AMBASSADOR					
5	x2	Involve an adult in a challenge (note that the person must not already be involved in the MPP game).	#photo	4	
6	x1	Do an eco-election (ecological referents) and if people are already elected, they propose a challenge for the whole class to do together Election of delegates: Everyone validates the points! Proposal of a class challenge (if there are already eco-delegates): Everyone validates the points!	#photo	4	
7	x1	Create and hang a banner in the school windows "This school supports the global climate strike" 🌍 🗨️	#photo	7	
BIODIVERSITY					
8	x1	Give a hug to a big tree (one you can't reach around with your arms).	#photo	3	 
9	x1	Do the eagle position in yoga for 1 minute!	#we trust you	3	 
10	x1	Take this quiz on biodiversity.	#photo	4	
11	x1	Draw a surprising natural element (plant or animal) discovered around your home.	#photo ou #production	4	

12	x1	Collect the flowers and different types of leaves you find on your path : make a herbarium and identify the species	#photo	6	 
CREATION					
13	x1	Create a seasonal fruit and vegetable calendar and display it on your fridge.	#photo	5	
14	x1	Write a love letter to something beneficial for the planet (bicycle, vegetable garden, ...) OR conversely a "break-up" letter to something negative (fast food, plane, ...) and share it!	#text	6	 
WASTE/ DIY					
15	x1	Learn about the production methods and environmental impacts of the clothes you wear today (minimum one piece of clothing).	#text	4	 
16	x1	Do not consume an aluminium can or plastic bottle for at least 7 days.	#we trust you	6	 
17	x2	Repair an object yourself or sew a damaged cloth.	#photo	6	
18	x1	Do a cleanwalk or a plogging session (jogging + collecting waste on the way).	#photo	8	 
HIDDEN CHALLENGES					
19	x1	This challenge will be revealed on March 29.		4	
20	x1	This challenge will be revealed on March 22.		8	
CLASS CHALLENGES					
21	x1	Imagine an easy class challenge with your classmates and teacher (one that is not on the list).	#to be defined	2	
22	x1	Imagine a difficult class challenge with your classmates and teacher (one that is not on the list).	#to be defined	4	
ENERGY AND RESOURCES					
23	x3	Turn off the water in the shower while soaping and washing your hair.	#we trust you	2	
24	x1	Propose a low tech initiative to your institution.	#text	3	
25	x1	Take part in the global digital clean up day on 18 March by dropping off used electrical and electronic products that no longer work at collection points: batteries, light bulbs, old mobile phones, computers...	#photo	6	

SUPER CHALLENGE					
26	x1	Set up an artistic project in a team of 2 to 6 people (slam, rap, dance, theatre, video/clip...) in favour of an environmental or social cause and present it to your peers.	#text #video	10	 
MOBILITY					
27	x1	Name 6 means of transport and rank them from most to least polluting	#text	3	 
28	x1	Cycle, walk or use another soft mobility means of transport (rollerblading, skating, etc.) for one hour in the same day, outdoors.	#photo	5	
NEW KNOWLEDGE					
29	x1	Choose a totem animal from the list given to your teacher (in the app) and make a group presentation about it.	#prof	4	 
30	x2	Listen to a podcast about ecology (minimum 15 min) and write a few lines about what you have learnt in your class conversation.	#text	4	 
31	x1	Learn about the IPCC (role, date of creation, countries represented, reports published, etc.) and share what you learnt in class or in the conversation.	#text	5	 
SOLIDARITY					
32	x1	Learn a sentence or song in BSL (British Sign Language) and perform it in class.	#teach	3	 
33	x1	Write a letter, poem or drawing to an isolated person (for example a child in hospital or a person in a retirement home).	#lettre #draw	5	 
TECHNOLOGY					
34	x1	Give an impacting figure on digital pollution.	#text	2	 
35	x1	Spend less than one hour a day on social networks for a week. You don't use social networks? You automatically win points!	#screen shot	8	

Explanations of the challenges

<http://bit.ly/3IM9VpC>

